



The Bugle

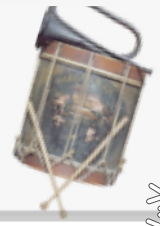
Magazine for Gargunnoch
and the surrounding area

Gargunnoch is proud to be a **20** zone

Issue 59

December 2019

www.gargunnoch.org



Shelter Scotland

Gargunnoch's 'Alternative Christmas Card' has raised over £15,000 for various charities over the past fifteen years and this year our chosen charity is Shelter, who do fantastic work in alleviating the distress caused by homelessness and bad housing provision. The 'card' has become a bit of a village institution and its beauty lies in its simplicity! It's really just a poster wishing everyone in Gargunnoch a very Merry Christmas from everyone who has donated. It's pinned to the notice board on Christmas Eve and will be included in the first edition of The Bugle in 2020. The easiest way to donate is online, where you can also post a more personal message to your fellow villagers on the Virgin Money Giving page.

Many thanks for your continued support and I hope you all have a lovely festive season when it comes. **Jane** (email: jane-milne@hotmail.co.uk phone: 01786 860661)

HOW TO DONATE:

Online: <https://uk.virginmoneygiving.com/VillageChristmasCard>
(Please tick the Gift Aid box if applicable)

Cash: In an envelope through my letterbox at JUNIPER RIDGE, LECKIE ROAD
(directly opposite the Community Centre path)

When you leave your message on the online page, or on your note through my door,
please remember to include a note of everyone's name you'd like included on the
Village Christmas Card

TEA
COFFEE
RAFFLE
TOMBOLA
CRAFTS
HOME BAKING
HOME PRODUCE
CHRISTMAS GIFTS
CHRISTMAS FAYRE
LAST SUNDAY OF NOVEMBER
2:30 TO 5:30
GARGUNNOCK
COMMUNITY CENTRE

ORGANISED BY GARGUNNOCK PARENT COUNCIL



Christmas with Gargunnoch Songsters



GARGUNNOCK COMMUNITY CENTRE

7:30pm Saturday 21st December

£8 adults £4 under 12s (Refreshment)

TICKETS AVAILABLE FROM GARGUNNOCK SHOP OR 07799731050

Christmas Fayre

"Our local businesses and suppliers have provided fantastic prizes for our raffle again this year. Here are some of the prizes to share with your friends and families perfect to get you into the Festive Spirit:

- Bed and Breakfast overnight stay at the Hilton Double Tree hotel
- Family swim session at Arnprior Swimming pool
- 2 hour house clean from Greener Clean
- Leckie Farm gift
- Briarlands Family Pass
- Woodhouse gift voucher
- Some lovely gins from Edinburgh
- Aged well Whisky and glasses!
- A variety of Wine and wine stones
- Yankee Candle set
- Johnny Walker Blue limited edition year of the pig bottle and glasses
- Blow and Glo hair cut

Plus all our stallholders are donating items from their stalls so some lovely Christmas presents!"

Gargunnoch Community Council and Community Trust Updates

Save the Dates!
Upcoming Events at
the Community Centre



Diary of events, further information and contact details plus how to book the Community Centre can be found at www.gargunnoch.org

Regular Classes/Groups:

Playgroup: Mon & Thurs 9-11.30am
Inside Yoga: Monday 7.30-8.45pm
Gargunnoch After School Club: Mon-Thurs 3.15-6pm
Doctor's Surgery: Tues 2-3pm
Pilates: Tues 7-9pm
Toddlers: Wed 10-11.30am
Brownies: Wed 6-7.30pm
Guides: Wed 7.30-9.15pm

Gargunnoch Senior Citizens' Christmas Gift Vouchers

The committee would like to thank The Windfarm Trust for granting our funding request for £1000 and the Bite and Blether for raising £260 in October. This will enable us to distribute vouchers to those within the village boundary who are aged 65 and over. This year we can again give vouchers to the value of £15 to be spent in the village shop, Gargunnoch Inn, Imrie the coalman, Alison Younger and The Smiddy. We will be delivering the vouchers over the first weekend in December and although we try to include everyone who is eligible, if anyone is left out please do let us know. We also have a "No thank you" list if that is preferable. Christmas Quiz Please support our annual fund raising quiz which will be available from the shop at the beginning of December. Thank you.

Wind Farm Funding -
can you make an impact?



**Funds
Available!**

Funds for Gargunnoch Village based projects available. For application information go to www.gargunnoch.org

Gargunnoch Senior Citizens' Christmas Gift Fund

Thank you Alison and Fergus Younger, we are very grateful for your extremely generous donation raised from your Barn Dance. This will go a long way to help pay for this year's Christmas vouchers. Next month's Bite and Blether on Wednesday 2nd October will be in aid of funds for the Christmas vouchers. Please put the date in your diaries and come and support this worthy cause - and enjoy some tasty soups and fabulous home baking!!



CARETAKER WANTED

Gargunnoch Community Trust is looking for a Caretaker for the Community Centre

The Caretaker will be part of the team – which includes an administrator, cleaner, boiler engineer and volunteer Trust Directors – who look after the Community Centre, and will help ensure the smooth running of the Centre by monitoring the building and supporting users.

KEY DUTIES

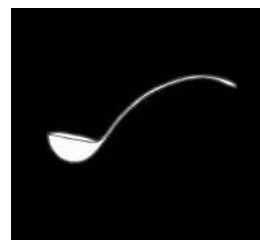
- Coordinate with the Administrator for details of bookings, user requirements, etc.;
- Assist with the set-up of the stage, rooms, and sound system, as required;
- Coordinate with the Cleaner to ensure the premises are cleaned to a high standard;
- Maintain stocks of tea/coffee, and janitorial supplies (keeping accurate records for payment);
- Perform a weekly inspection of emergency equipment; and
- Perform minor maintenance and repairs, where safe and within Caretaker's ability.

The average amount of time involved will be 10 hours per month with an honorarium of £1,200 per year. The post would suit someone who is available in the village during the day.

For more information please contact:

Douglas Johnston on 860384 or djohnston@thehaven.eu

Jeremy Wilkinson on 07887 649666 or jeremywilkinson@live.com



Bite and Blether

Once again Barbara and Jill would like to thank all our bakers and soup makers for your fantastic, tasty contributions and all our customers for your invaluable and continued support. Since we started in October last year we have raised over £1500 for the Community Centre so thank you to all of you. Dates for future Bite and Blethers will be - Wednesday 4th December, and Wednesday 8th of January. There will be no Bite and Blether in February due to unavoidable circumstances but we will be back on Wednesday 4th of March and the first Wednesday of the month thereafter.

CONTACT EMAILS

Bugle Email: gargunnochbugle@gmail.com
Community Centre Email: gargunnochCC@gmail.com
Community Trust Email: gargunnochtrust@gmail.com
Community Council Email: gargunnochcommunitycouncil@gmail.com

ADVERTISE IN THE BUGLE

Full page - £45
Half page - £25
Quarter page - £15

Email for info: gargunnochbugle@gmail.com

GARGUNNOCK PARISH CHURCH

Update on our position regarding the Vacancy:

Since the retirement of Rev. Andy, 17 months ago, the Vacancy of our linked charge has been sisted, which means we cannot call a Minister. Stirling Presbytery have been investigating the possibilities of a Hub Ministry with 4, 5 or 10 congregations on the Card being led by 1 or 2 Ministers of Word and Sacrament and full time or part time support staff in administration and mission work. The investigation is still ongoing but our Interim Moderator, Val Rose, is on our case. Unfortunately due to family circumstances Rev Lynne Mack has retired from her position of Ordained Local Minister with Stirling Presbytery at the end of September and therefore her appointment with us.

Rev Lynne has been with us from November 2014 and has been our mainstay over these last 17 months, doing far more than the remit for an OLM states. Such is her commitment to our congregation to maintain a presence of the Church within the Community, that she has not only been conducting Sunday Worship but caring of folks in their time of need. She has officiated in the good times of family life – Weddings and Baptisms but also in the sad times of death of a loved one.

She will be missed for her conscientious delivery of the Teachings of Christ, her administration, enthusiasm and her positive attitude to life which encourages those around her. Above all for her commitment to her calling, which has been evident throughout her five years with us but also in retirement she is willing to provide cover for Communion, Baptisms, Wedding and Funeral Services, during the time our vacancy is sisted.

On behalf of the Church Family and those in the community for whom she has provided care in the times of need, the Kirk Session wish her a peaceful, healthy and long retirement with God's blessings to her and her family.

Remembrance Service: Val Rose, our Interim Moderator, and the Kirk Session thank Mrs Jean Porter, Moderator of the Stirling Presbytery, the Representatives of the Community Council, the Guides and Brownies for their participation in the Remembrance Day Service, when we remembered those who have paid the ultimate sacrifice in service to the nation. During the service Lovat MacGregor laid a Poppy wreath at the Village War Memorial, within the church, on behalf of the Residents of the village.

After the Service a short Act of Remembrance took place at the Square when a wreath was laid at the Flagpole by Douglas Barr.

Both gentlemen represented the Community Council.

GARGUNNOCK CHURCH CHRISTMAS EVENTS and SERVICES

There are special events and services during December in and around Gargunnoch Parish Church, which are open to all, and we invite you to attend one, some or all of them!

Throughout December there will be Sunday worship at 10.30am in Gargunnoch Kirk as we await the Coming of the Lord Jesus Christ.

On Sunday 15th at 10.30am there will be the Advent Family Service telling the real story of Christmas in a way that everyone can understand.

On Tuesday 17th the Carol Singers will stopover at the Kirk. See separate article for details.

On Sunday 22nd our three local congregations join together to celebrate Christmas and the Sacrament of Baptism. We will meet in Kincardine-in-Menteith Church at 10.00am

Tuesday 24th Christmas Eve is really special, so plan to visit Gargunnoch Kirk from 11.00pm for some Carol Singing before the Watchnight Service at 11.30pm to welcome the first moments of Christmas morning.

Sunday 29th December at 10.30am we will give thanks for 2019 and seek God's blessing for another new year.

See you there!

Wishing you all God's blessings for the Christmas season and the coming year.

God's peace to you all! Audrey Birrell, Session Clerk.



Proud to be sponsoring Callander Cricket Club again in 2019

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Would you like to work in your local community?



Throughout the rural Stirlingshire area, Mears/ILS provides care and support to older people and vulnerable adults. Whether we provide personal care, emotional support, domestic assistance or medical supervision, understanding and empathising with people is right at the heart of who we are. If you've got good communication skills, care and compassion, we'll give you support and opportunities to develop. So you'll not only help to enhance the quality of life for people in the local community; you'll help to enhance your own prospects for the future, too.

All posts are subject to PVG vetting procedures. Interviews will be held locally. Full training will be provided.

To apply please contact our local recruitment team on 01259 768615

Incentive Schemes

PVG are paid for by Mears for every candidate

New to care-£250 welcome payment, once a 12-week retention period is completed

Experienced carers-£300 welcome bonus in your first pay if you have 12 months current work experience in care.

Refer a friend scheme-£250 bonus once you refer a friend has completed 480 hours of work

COMMUNITY CAROL SINGING FOR BUTTERFLY CONSERVATION SCOTLAND

Come and join us singing carols, or to just listen, for Butterfly Conservation Scotland on Tuesday 17th December. Please let me know if you want to join the singers this year.

There will be 2 opportunities to hear us and/ or join in:

7.30pm to 8pm Carols around the Christmas Tree in Gargunnoch Kirk.

A warm invitation to all the village! As there were so many children last year, we will include more carols that they will enjoy and even join in. Doors open at 7.15pm

9.15pm to 9.45pm, singing in the Gargunnoch Inn, for whoever wants to come and join in or just listen.

We will also be singing at 2 private functions that evening to add to the fund raising:

Meiklewood House (by kind invitation of Helen and Willie Scott)

Broompark (by kind invitation of the Mansions)



The carollers are anyone who wants to join in and are a mix of members of local choirs, including the Gargunnoch Songsters, the Gargoyles of Gargunnoch, Stirling City Choir, Rosenethe Singers, and also non choir members - friends, spouses, neighbours, relatives so it isn't a choir event, it's just old fashioned traditional unaccompanied carolling! We don't use any instruments, except jingle bells and enthusiasm!

Telephone Helen Rowell on 860630 for further information.



Gargunnoch Gala AGM

As previously advertised, the current Gala Committee are unable to continue in their roles and a new committee needs to be found for the Gala to continue. The Committee held their AGM on 4th October but unfortunately nobody has put themselves forward to run the event next year. An EGM will be held on Thursday 16th January at 7.30pm in the Gargunnoch Inn. If a new Committee is not elected on this night, then sadly there will be no Gala in 2020. The Gala is a long-standing village tradition and is a fantastic day for the whole community - we really do have a lovely community in the village and we should celebrate that! It's a very rewarding committee to work on as it's all about giving people a fabulous, fun-filled day. If you are interested in getting involved, please speak to the current committee - **Libby McPhee, Louise Heron, Kimberley Hay or Neil Stewart** - ahead of the EGM.

The Gargoyles of Gargunnoch

All the following are fund raisers and our charity this year is Butterfly Conservation Scotland <https://butterfly-conservation.org/our-work> and any donation will be very welcome. The total raised will be added to the donations given to the Community Carol Singing and presented to the charity after Christmas.

NOVEMBER

1. Saturday 23 rd , 1 to 3pm

Callander Rotary Christmas Fayre

2. Saturday 30 th , 12 to 1.30pm

Bannockburn House Christmas Fayre

<https://www.bannockburnhouse.scot/event/christmas-fayre-2019/>

DECEMBER

3. Monday 2 nd 7pm

Buchlyvie Church Guild.

4. Wednesday 4 th Evening – INVITATION ONLY

Gargunnoch Walking Group Christmas Dinner entertainment

5. Saturday 7 th 11am to 1pm

The Smith Art Gallery and Museum, Stirling

6. Saturday 21 st , 10am to 12midday

Stirling Christmas Farmers' Market.

7. Saturday 21 st , 1 to 2pm

The Thistles Centre outside Boots



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aweir.gvs@gmail.com

Monday-Saturday 7.30am-7pm
Sunday 8am-5pm



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Leckie Produce - Eggs and Sausages
Try out our new cold meat selection

**Check out our
new gin, beer and
wine selection!**

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the only way to start your day



Thank you for your warm
welcome and support
Alistair and Violet



Gargunnoch Playgroup and Toddlers

Gargunnoch Playgroup and Toddlers runs sessions weekly throughout the year for all children up to school age. If you are new to the village and have young children or are expecting a baby please do get in touch.

Gargunnoch Playgroup runs every Monday and Thursday from 9-11.30am during the school term in the Community Centre. Our qualified staff run a varied set of activities suiting all ages and interests. We are an independent Playgroup, registered with the Care Inspectorate, managed by parents and welcome children from 2½ yrs to preschool. The cost is only £7.50 per session. Ad hoc rates and discounts for more than one child are available. Please contact playgroup@gargunnoch.com for more details.

Gargunnoch Toddlers provides lots of toys, snack time and a warm welcome for parents-to-be, parents and children from 0-5, or their grandparents/childminders etc. Every Wednesday morning (10-11.30am) in the Community Centre. Sessions are £2.50 + 50p for siblings. Why not come along and see for yourself!

Dates for your diaries
Family Ceilidh – Saturday 25th January
Winter pub Quiz – Friday 21st February TBC

Brownies

Gargunnoch Brownies is celebrating its 50th birthday this year and we would love to invite anyone who volunteered as a leader, helper or who attended Brownies in Gargunnoch over the years, to a birthday party on Sunday 15th December at the community centre at 2.30 pm - 4.00 pm. Photos, memories and birthday cake for all. Hope to see you there.

Gargunnoch Walking Group

Once again I can report that the Gargunnoch Walking Group has continued to meet, with some very enjoyable and interesting walks. We have also continued to enjoy great weather with none of the walks disrupted by adverse weather. Recent walks have included a circuit of Stank Glen on the slopes of Ben Ledi, the Bracklinn Falls circuit and an ascent of Ben A'an. The latter is probably the hardest hill that we have climbed so far, but greatly enjoyed by the stalwarts who reached the top. Not all walks are quite so demanding and the next walk will be much more on the level. We also had a highly successful outing to Braemar at the beginning of October with excellent weather. A number of glens were visited and much wildlife spotted!

Forthcoming dates for walks are:

28th November – Dukes Trail, Aberfoyle.

12th December – A Local Walk, to help forget the political turmoil!

29th December – Festive Walk probably local, to help work of the festive indulgences.

9th January – To be decided.

23rd January – To be decided

All of these dates and walks are provisional depending upon weather and for some walks the availability of the leader.

As usual I will send out emails to members about a week before to confirm arrangements.

As usual we will meet at 9:30 in the Pub car park and the after the walk we will take lunch in a nearby hostelry.

If you are interested in participating in any of these walks, call me on **01786 860608** or drop me an email to edmond.mansion@btinternet.com and I will put you on the circulation list for meets and send a copy of the Guidance Notes.

Edmond Mansion



Gargunnoch Playgroup

SENIOR PLAY LEADER

Gargunnoch Playgroup is currently looking for a Senior Playleader to start immediately

Permanent Post

11 hours per week

Monday and Thursday Mornings

Term Time

Salary dependent on qualifications and experience

We are looking for a caring, committed and enthusiastic person with previous experience working with children aged 2-5 years to join our team.

To work with us you must love working with children, have a flair for creatively educating them, as well as a genuine interest in how children learn and why they love to play.

Applicants must have previous experience in a relevant childcare environment, and either hold or be willing to work towards a qualification accepted by the SSSC for registration as a Manager (e.g. BA in Childhood Practice or PDA level 9).

Well developed organisational, planning and communication skills are essential.

This position is subject to Protecting Vulnerable Groups (PVG) Scheme Membership.

For a full job description and application form please contact Debbie Masson at

debstarmasson74@gmail.com.

Gargunnoch Playgroup is a registered Scottish Charity, managed by a committee of volunteers who are elected by the parents/carers of the children attending.

Scottish Charity Number SCO13990

Gargunnoch Playgroup and Toddlers, The Birchfield, Main Street, Gargunnoch, FK8 3BP

Word of the Month

QUOTIDIAN (adj) occurring every day eg (overheard in the Inn) Ah'm quite looking forward to Christmas but ah'm glad it's no a quotidian event, wance a year is plenty.



Book Reviews



Little Fires Everywhere by Celeste Ng

I was looking for a book for our Book Club, when I came across this recommendation from Jodi Picoult, an author I admire very much. "I read Little Fires Everywhere in a single, breathless sitting. With brilliance and beauty, Celeste Ng dissects a microcosm of American society just when we need to see it beneath the microscope: how do questions of race stack up against the comfort of privilege, and what role does that play in parenting? Is motherhood a bond forged by blood, or by love? And perhaps most importantly: do the faults of our past determine what we deserve in the future? Be ready to be wowed by Ng's writing – and unsettled by the mirror held up to one's own beliefs."

It's quite a recommendation and might leave you to wonder if you might be a little disappointed by what's behind the cover. Well, in my case, I found the story and the characters thought provoking, and has left me thinking about them a lot – what motivated their actions, and in some cases where they might be now – post the end of the book.

Little Fires Everywhere is the story of the Richardson family who to the outside world look perfect, but who under the surface are just like everyone else - facing trials and tribulations that test their relationships with each other, their friends and their acquaintances. Their picture-perfect world is slowly exposed for what it really is following the arrival of an artistic and mysterious mother, Mia Warren, and her teenage daughter Pearl, after they rent a small home from the Richardsons. Gradually everyone is drawn to Mia and Pearl and their lives become intertwined.

When a friend of Mrs Richardson tries to adopt a Chinese-American baby, Mia is supportive of the baby's birth mother, and Mrs Richardson's obsession with Mia and her motives brings destructive consequences.

Celeste Ng manages to bring multiple characters, with many stories into the book in a fast and engaging way. I found myself with each character being able to relate them to people I know or have known throughout my life. I liked some more than others, and I found myself examining my role as a mother and thinking about my future relationship with my children as they grow and fly the nest.

For me Little Fires Everywhere was totally absorbing. And I found myself changing sides throughout the book, in exactly the same way the characters themselves do. Beautifully written and highly engaging.

Shona Crawford

'TO BE A CAT!' by Matt Haig

This story is about Barney Willow a little boy living in his home with his mother and the family dog. Barney Willow thinks he has the worst life of all. However, he hasn't seen the worst it could get yet. His father and mother divorced and months later the father disappeared. Even at school his life is terrible.

He has a head teacher Miss Whipmire, who loathes him, and there are secrets to later be discovered of the head teacher changing through time. As if school could not be more dreadful Barney is also hated by the so called bully Gavin Needle and Gavin's two friends.

One day, coming home from school Barney sees very happy looking cat by the bus stop. Barney wishes he could have a life as happy as the cats. Next morning, amazingly, he changes into the form of the mysterious cat he saw.

This is one of my favourite books, because the story line is super exciting and the characters are curiously thrilling. The book is full of daring events...

Will Barney willow get back home safely and convince people to believe what has happened to him.

By Louise Crawford P7 Gargunock Primary School

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Presenting the Gargunnoch Primary School Junior Journalists!



Sports Scotland Awards

Gargunnoch Primary are Gold Sport Scotland Award winners! Last session the Sports Stars had a target to get a Gold Sports Award to replace the silver award we already owned. To achieve that we needed to work hard, and get everyone involved in sport. We had to send evidence that we had completed these things: that we did 2 hours of P.E each week, that we played sports in school, that we ran sports clubs in school, that we took part in sports competitions, we had photos of people playing sport, that we had sports leaders, we our adults were trained in delivering sport. We also had to show that we gave certificates to volunteers, and that we had the right facilities. We were so excited to hear that we earned the award after a whole load of effort.

By Finlay Campbell, P5



Up Coming Christmas Shows!

Christmas is in full swing here at Gargunnoch Primary! All the pupils are working very hard and are creating Christmas Shows to perform! There will be two shows on.

The first is a Christmas nativity by P1/2/3 and the second is a Christmas Pantomime by P4-7. Both performances will feature songs sung by the pupils. Fantastic acting skills will be on display, portraying hilarious characters! There will be three showings, each including both plays. The first, a dress rehearsal, will take place on Monday the 9th of December at 11am and is open to all of the community. Over the next couple of days after that, there will be two more showings open to families of the pupils. The name of the nativity is 'A Midwife Crisis!' and the name of the older children's panto is 'Away with the Manger!' Here is what P6 pupil Rachael has to say about the upcoming pantomime:

"I think it is incredibly funny, has lots of good parts and has great songs!"

By Ruby Conroy, P7

Invitation!

The pupils of Gargunnoch Primary would like to invite older members of the community to come to the dress rehearsal of our Christmas shows 'A Midwife Crisis' and 'Away with the Manger'.
Monday 9th December, 11am
@ Gargunnoch Primary School
Tea / Coffee and Mince Pies are promised!

The Auction

Gargunnoch Primary School decided to do some learning about farming and how our eggs and meat come to our kitchens. So they visited the Stirling Auction House on Tuesday the 5th of November. When they arrived they were very lucky to get some organic ice cream fresh from the farm! As they went in, it was explained that they had to dip their feet in water, to carry away the germs, before they went into the arena. Everyone sat down, and before they had the chance to wonder what was going on, a woman came out of a little room and told them all about the auction. Later, the auctioneer came in and explained what was going to happen. He told everyone that this was the room where the animals were sold.

The assistant brought in the animals. The pupils were encouraged to shout out random prices as the animals walked around until the Auctioneer told everyone to stop. The last person to shout out a price would get the animal, (not literally; just for a game). There were a lot of facts the children learned. There was a stand showing them where to cut the meat, different parts of meat in the animals body and how they make burgers. Burgers are made by using a burger press which shapes the burgers in the same shape. Another stall had smoothies in it - this was most people's favourite stall. Everyone agreed that this had been a really fun and educational trip.

By Louise Crawford, P7



Athletics

Early in November, P4/5 went to an athletics competition at Stirling High school. They were all very excited! There were a lot of races to compete in. We were the smallest school there. At the start, one of the ladies said to shout out our school name when she pointed at us. We were last, and when she pointed at us we screamed out Gargunnoch as loud as we could! Doing the athletics was tiring, but in the middle we got to eat our snack. Our team colour was green, and Mr Webster said that we were the Green Gargunnochs! At the end we were all exhausted, then they read out the scores.

We all got awards for competing, then they read out who came 5th 4th 3rd 2nd 1st. "Cambusbarrow you have come 2nd, Gargunnoch, you are 1st! Congratulations!" When we got back, we pretended to be sad. Then when we got in we all cheered, and shouted we came 1st!

By Evie Moseley, P5

The Scottish Learning Festival

In early September 2019, the Scottish Learning Festival was held in the SECC in Glasgow, for people to advertise learning products and schools and teachers to share ideas. Gargunnoch Primary got an invite to attend, so Mrs Rushton, P6 pupil Katie, and P7 pupil Ruby took a train to Glasgow with a display about Pupil Leadership to share. There was lots of people there and many stalls to see, and there was the Gargunnoch Primary stall to tell everyone about. Gargunnoch was set up in the Stirling Council section, along with mental health Ambassadors from Wallace High School.

The Gargunnoch pupils were explaining to everyone about how our school has been using a document called HGIOurS, which stands for How Good Is Our School? and has multiple different themes. We have been focusing on Theme 1, relationships. We showed them the charts we had used, to gather information on pupil's opinions, and showed them how we were improving the ones we need to work on. Then we went on to tell everybody about the 4 skills Academies, Books, Sports, Digital and Eco, and what different jobs each group has around School. At one station, 'Live 'n' Learn UK', there was a lucky spin of a wheel, and Mrs Rushton won a huge collection of all 40 growth mind set posters to take home for our School! We discovered after that usually, they would have been worth £60! The Learning Festival was lots of fun, and all our Representatives came home with lots of fresh ideas!

By Ruby Conroy, P7





Dean Lockhart MSP

Member of the Scottish Parliament

For Mid-Scotland and Fife

The Scottish Parliament
Pàrlamaid na h-Alba

Please feel free to contact me
if you think I may be able
to help you :

Parliamentary Office

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The Scottish Parliament,
Edinburgh, EH99 1SP
Tel: 0131 348 5995

Email: Dean.Lockhart.msp@parliament.scot
Website: deanlockhart.com
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Police Report

Community Engagement and Reassurance
PC Steven Graham and PC Gary Martin are based at Balfroon Police Office and can be contacted on 101 or at ForthEndrickCPT@scotland.pnn.police.uk. It is recommended that this email address is used by the local community for email contact. Please remember that we regularly publish useful information and updates on social media, including appeals for information, updates about road closures and crime prevention advice. Our Facebook and Twitter pages can be found at: www.facebook.com/forthvalleypolicedivision www.facebook.com/policescotland www.twitter.com/stirlingpol www.twitter.com/policescotland

Phishing

There are still reports of these types of attacks to defraud money from people. Criminals and Organised Crime Groups launch Phishing attacks, targeting personal/business accounts either by email, social media, or text. They encourage users to click on malicious link/attachments which compromise their email or social media accounts, asking users to divulge banking information or access sensitive information.

The advice below describes how you can spot suspicious emails, and the steps you can take to ensure that you don't fall victim, both at work and home:

- Confirm details of the actual email address it came from, you can do this by hovering mouse over the senders email address.
 - Many phishing emails have poor grammar, punctuation and spelling.
 - Is the design and overall quality what would you'd expect from the organisation the email is supposed to come from?
 - Is it addressed to you by name, or does it refer to 'valued customer', or 'friend', or 'colleague'? This can be a sign that the sender does not actually know you, and that it is part of a phishing scam.
 - Does the email contain a veiled threat that asks you to act urgently, or cause intrigue? Be suspicious of words like 'send these details within 24 hours' or 'you have been a victim of crime, click here immediately'.
 - Look at the sender's name. Does it sound legitimate, or is it trying to mimic someone you know?
 - If it sounds too good to be true, it probably is. It's most unlikely that someone will want to give you money, or give you access to a secret part of the Internet.
 - Your bank, or any other official source, should never ask you to supply personal information from an email.
- For more information on how you can stay safe and secure online, visit the following websites:
<https://www.scotland.police.uk/keep-safe/keep-secure-online/>
<https://www.ncsc.gov.uk/guidance/suspicious-email-actions>
<https://www.cpni.gov.uk/dont-take-bait>
<https://takefive-stopfraud.org.uk/>

Maggie's Culture Crawl

I work for the Antique and Arts Centre at Doune and this year our chosen charity is Maggie's Cancer Care Centre at Forth Valley Royal Hospital. I took part in Maggie's Culture Crawl on Friday 4th October in Edinburgh in memory of my friends Lucia, Frances, Donna and Robert.

We started the 10k with a talk by Stephen Jardine from the BBC, and an inspirational message from a service user who used the facilities at the Maggie's Centre at the Western General.

We travelled from Doune to Edinburgh for the start time of 6.30pm starting at -

1. The Dean Church at Stewart Melville school.
2. Greyfriars Kirk for a welcome stop with a local choir to entertain us.
3. The next stop was the Tron Kirk.
4. Then Edinburgh World Heritage
5. Lyon and Turnbull, where we were treated to a silent disco, with flashing head phones.
6. The Georgian House in the New Town where we were given an insight into the Georgian way of life.
7. The Grange had a live band playing, giving us another welcome stop.
8. Maggie's Centre at the Western General with a welcome glass of prosecco and a burger with a medal presentation ceremony for all who had completed the 10k course.

Thank you to all who sponsored me. I raised £300 which will go towards the collective amount for Maggie's Forth Valley.

Many thanks. Anne Christie



The full report containing information on Door Step Crime, Road Safety and Theft can be found at www.gargunnoch.org

